

# Midnight Snack

(music and lyrics by Antti Nissilä)

If the day was too short for a nourishing meal,  
and too empty inside after bedtime you feel,  
there's no reason to stay in such a pitiful mood.  
Go and find yourself some nocturnal food!

If your tummy complains in the hours of the night,  
that you did not submit to your appetite,  
then sneak to the fridge, and wow, there you go!  
There's a half-eaten burger, wrapped in folio!

But hey, before you shall eat it,  
you just might want to reheat it!

If the worries surround you, destroying your rest,  
when you really should sleep, you know what is best?  
Don't let your bad feelings keep you awake!  
Your peace might be found in a chocolate cake.

But hey, with that kind of stuff,  
one slice is really enough!

Take care of you breakfast! Eat well when you dine!  
But there's also no reason to undermine  
the ace you still hold, when the hunger strikes back:  
You'll beat it once more with a midnight snack.